

Sensory stay and play- 0-5 years.

Does your child have an identified communication or sensory need. Do you feel unable to attend playgroup and play sessions. Come along to a fun, calm and supportive play session

Aspirations group 8-11 years-

Group for children to talk openly and safely to share worries, meet new friends, build skills and resilience. Activities that promote expression, team work and health

Parental Wellbeing- Supportive small group for parents/carers to encourage positive emotional wellbeing with support from external agencies i.e Gamcare, Turning Point, CAMHS

HAF_ Holiday activities during all school holidays- Please see facebook/ Wakefield families together website for further details and school bulletins

Young Carers- Held at Castle Family Hub Group session for children and young people who care for others

If you would like any information on any of our interventions please contact us on the above details.

Other useful numbers:

Wakefield Contact Centre:	0345 8 506 506
Family Information service:	0800 587 8 042
Home-start Wakefield:	01924 251 205
Wakefield 0-19 service (Health)	01924 310130
WDDAS	0800 915 1561
SALT (Speech & Language)	01977 465417
Outside of these hours you can call Social Care Direct on : 0345 8 503 503	

FOR FURTHER INFORMATION

about any of the groups or courses please use the numbers below:

Or message us on facebook



Sunbeam Family Hub

9-11 Lupset Crescent
Wakefield WF2 8RH
Tel - 01924 302333

Stanley Family Hub
Long Causeway,
Stanley
Wakefield, WF3 4JB
Tel - 01924 303181



Castle Family Hub
255 Barnsley Rd,
Wakefield WF1 5NU
Tel - 01924 303376

You can contact us by email on:
wftstanleyfamilyhub@wakefield.gov.uk
wftsunbeamfamilyhub@wakefield.gov.uk
wftcastlefamilyhub@wakefield.gov.uk

Winter

What's On Guide

At Stanley ,
Castle and
Sunbeam
Family Hubs








find us on **facebook**

Search for:

Wakefield Central & North West
Family Hub &
South West Family Hub

wakefieldcouncil
working for you

Centre	Monday	Tuesday	Wednesday	Thursday	Friday	Other Groups
Sunbeam	<p>Toddler Stay & Play (confident crawlers to 2yrs) Term time only 1:30- 3:00</p> <p>Speech & Language (SALT) appointments only</p> <p>Who's in Charge Virtual parenting Course (Ring to book a place)</p>	<p>Baby Group 0-12 months (pre walkers) Term time only 9:30-11:00</p> <p>Infant Feeding & Infant Massage 1:30-2:30 Ring to book a place</p> <p>Midwife— By appointment only</p>	<p>Who's in Charge- 8+ Parenting support- Ring for further details</p> 	<p>Stay & Play 0-5 years Term time only 9.30—11:00</p> <p>Early Years Parenting 1:00 -2:30 Ring to book a place</p> <p>Speech & Language (SALT) By appointment only</p>	<p>Parental wellbeing 9:30-11:00 Ring to book a place</p> 	<p>Freedom Programme Invitation only</p> <p>BEAM-8-16 years Group session for strategies on managing anger and emotions At City Limits Wednesdays 4:00—5:00 Book for appointment</p>
Castle	<p>Early Years parenting 0-5 years Ring to book a place</p> <p>Triple P Family Transitions support 11:00-1:00 Ring to book a place</p> <p>Baby Group 0-12 months (pre walkers) Term time only 1:30– 3:00</p>	<p>Parents Plus- parenting support 0-10 years 9:30-11:00</p> <p>Parental Wellbeing group 1:00 -2:30</p> 	<p>Speech & Language (SALT) By appointment only</p>  <p>Aspirations Group 8-11years 3:30-4:30</p>	<p>Stay & Play 0-5 years Term time only 1.30— 3:00</p> <p>Speech & Language (SALT) By appointment only</p> <p>Young Carers Group 3:30-5:00</p>	<p>Parents to be 1:30-2:30 Ring to book a place</p> 	<p>Stay & Play At Balne Lane Community Centre WF2 0DP Thursday 1.15—2.45 Term time only</p> <p>Paediatric First Aid for parents at all three centres 1:30-3:30 Ring to book a place</p> <p>Sunbeam Family Drop in sessions on Mondays 9th & 30th January 3.30 til 6:00</p> <p>Castle Family Warm Space dates: Thursdays 19th January 9th February 3.30 - 6:00 Games, activities and a snack for all the family!</p>
Stanley	<p>Sleep and Routines 1year -10years 10:00-12:00</p> <p>Sleep and Routines- If you would likes ideas for sleep and solutions to help then please ring to book a place</p>	<p>1st Tuesday of the month- Sensory Stay n Play 9:30-11:00</p> <p>Stay and Play Term time only 0-5years 1:30-3:00</p> <p>Aspirations Group 8-11years 3:30-4:30 Ring to book a place</p>	<p>Adopters group Every other Wednesday 10:00 -11:30</p> <p>Stanley Family Warm Space dates: 25th January, 22nd February 3:00-6:00 Games, activities and a snack for all the family!</p>	<p>Speech and Language drop in 12, 26 January 9th, 23rd February 9th, 23rd March 27th April 9:30-11:30</p> <p>Midwives- Appointment only</p> <p>Parental Wellbeing 1:30-3:00- Ring to book a place</p>	<p>Baby Group 0-12months (pre walkers) Term time only 9:30-11:00</p> <p>Speech and Language (Appointment only)</p>	