

**Weeks Commencing: 12th April, 3rd & 24th May, 14th June, 5th July, 6th & 27th September and 18th October**

WEEK 1

**MONDAY**

Italian Chicken **H** Meatball Sub with Potato Wedges  
 Vegetable Lasagne **V** with Garlic Bread  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Pear & Vanilla Sponge with Vanilla Custard

**TUESDAY**

Moroccan Beef **H** with Couscous or Rice  
 Margherita Pizza **V** with Potato Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Lemon Shortbread Cookie

**WEDNESDAY**

Roast Chicken **H** or Gammon with Yorkshire Pudding, Roast Potatoes & Gravy  
 Vegetable Chilli **V** with Rice  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Orange Jelly with Mandarins

**THURSDAY**

Chicken Stackers **H** with Savoury Rice  
 Cheese & Tomato Puff **V** with Potato Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Jam & Coconut Sponge with Custard

**FRIDAY**

Fish Fingers & Chips **H** with Tomato Ketchup  
 Tarka Dhal Vegetable **V** Curry with Rice  
 Jacket Potato with Cheese, Baked Beans, Coleslaw, **V** Tuna or Salmon Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Frozen Strawberry Yoghurt

**KEY**



**Vegetarian**



**Plant Based Vegan Friendly**



**Sustainably Caught Fish**



**Halal Option Available**

**Weeks Commencing: 19th April, 10th May, 21st June, 12th July, 13th September, 4th October**

WEEK 2

**MONDAY**

Chicken & Tomato **H** Pasta Bake  
 Cheese & Bean Wrap **V** with Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Oat & Raisin Cookie

**TUESDAY**

Sausages or Veggie Sausage with Mashed Potato & Gravy  
 Butterbean & Vegetable Tagine **V** with Mashed Potato  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Fruit & Chocolate Pinwheel

**WEDNESDAY**

Roast Beef **H** with Yorkshire Pudding, Roast Potatoes & Gravy  
 Chickpea & Mixed Vegetable **V** Balti with Rice  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Peach Fool

**THURSDAY**

Chicken Korma **H** with Rice  
 Cheese & Tomato Panini **V** with Potato Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Marble Cake with Custard

**FRIDAY**

Battered Fish **H** & Chips  
 Vegetable & Lentil Bolognese **V** with Garlic Bread  
 Jacket Potato with Cheese, Baked Beans, Coleslaw, **V** Tuna or Salmon Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Berry Muffin

**Weeks Commencing: 26th April, 17th May, 7th & 28th June, 19th July, 30th August, 20th September, 11th October**

WEEK 3

**MONDAY**

Beef **H** Pasta Bolognese with Garlic Bread  
 Three Bean Casserole **V** & Boiled Potatoes  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Pear & Berry Cake with Custard

**TUESDAY**

Ham Puff with Potato Wedges  
 Margherita Pizza **V** with Potato Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Orange Drizzle Cake

**WEDNESDAY**

Roast Chicken **H** or Pork with Yorkshire Pudding, Roast Potatoes & Gravy  
 Quorn Sausage Toad in the Hole **V** with Roast Potatoes & Gravy  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Ice Cream & Fruit Compote

**THURSDAY**

Beef Burger **H** in a Bun with Potato Wedges  
 Quornish Pasty **V** with Potato Wedges  
 Jacket Potato with Cheese, Baked Beans, Coleslaw **V** or Tuna Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Jam Roly-Poly with Custard

**FRIDAY**

Fish Nuggets & Chips **H** with Tomato Ketchup  
 Macaroni Cheese **V**  
 Jacket Potato with Cheese, Baked Beans, Coleslaw, **V** Tuna or Salmon Mayo  
 Cheese, **V** Tuna or Ham Sandwich  
 Seasonal Vegetables  
 Chocolate Sponge with Chocolate Sauce

# YOUR MENU

Welcome to your menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the great food experiences we strive to create for our young diners.

Before you read on, we'd also like to reassure you that our service is safe and has been carefully reviewed throughout the pandemic, with adjustments made where needed. Our catering teams have received training, to ensure they are following Government guidance at all times, and our local managers have assessed and will continue to review the service.

Thank you and please get in touch if you have any questions or suggestions!

 [Click here for Meal Ordering and Payment information](#)



[CLICK HERE TO VISIT OUR WEBSITE](#)

## YOUR SCHOOL LUNCHES ARE:

### MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Check out this tasty sweet potato, lentil & chickpea curry recipe

Our experienced cooks are passionate about feeding hungry minds and supporting pupils wellbeing through engaging dining experiences.

Jane & Duncan are two of our awesome chefs who share an example of a tasty dish that appears on our menus!



### EVEN HEALTHIER & STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

### THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!



### Terrific Value

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



#### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



#### FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



[CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE](#)

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